

What are some commonly seen phobias?

Fear of driving, fear of elevators, fear of heights, fear of crowds, fear of flying, fear of being outside the home on your own, fear of small spaces, fear of being trapped in situations one cannot easily remove themselves from without a degree of difficulty or embarrassment, fear of dogs, fear of spiders, fear of bridges, fear of traveling in a car, and fear of open spaces are commonly treated at The April Center. However, there are many less publicly known phobias that we treat as well, including dark phobia, people phobia, cat phobia, photo phobia, needle phobia, water phobia, blood phobia, bird phobia, bug phobia, doctor phobia, snake phobia, being alone phobia, food phobia, etc..